

Conley Outreach
Community Services
Caring for the Heart of Community



Annual Report

2016

Mission Statement

Conley Outreach Community Services is a 501 c (3) not-for-profit organization devoted to *“Caring for the Heart of Community”*. Our mission is to provide and coordinate community mental health and human service programs in rural Western Kane County by understanding community needs, creating systems of support, and collaborating with other community and faith-based partners.

We are humbly committed to:

- Caring for our communities and its residents
- Loving our neighbors unconditionally
- sharing life's burdens prayerfully and
- Trusting God's direction patiently.



We strive to work collaboratively with a diverse cross-section of community minded individuals and organizations to develop programs and services that meet the emerging needs of this rapidly growing area.

We seek to be:

- a catalyst for community development
- a hub for human services, and
- a place for nurturing the lives of individuals, families and neighborhoods

We hope, through the Habitat for Community at the Conley Farm to preserve the rural traditions of Western Kane County and integrate traditional farming practices into holistic mental health services.

A Message from the Executive Director

Dear Friends of Conley Outreach,

Last year Conley Outreach Community Services partnered with Breaking Free, Kaneland High School, Village Bible Church and others to form the Kaneland Community Partners for Healthy Youth. This coalition was formed to reduce and prevent teen alcohol and drug abuse in our community. Over the past year, the Coalition has aggressively worked with the PODA (Prevention of Dangerous Acts) student group at Kaneland to share this message. Together we sponsored *National Drug and Alcohol Awareness Week* at the high school, including:

- a poster contest (18 entries), viewed by over 400 students,
- an information table at all 3 performances of Memorial Park, a KAI premier play with alcohol and domestic violence themes, and
- Chat Day, when over 50 KHS students submitted online questions to NIDA scientists about drugs and alcohol.

We also purchased student-approved substance abuse prevention brochures that were placed in a literature rack near the cafeteria, provided 4 full scholarships to the Greater Fox Valley Operation Snowball event at Lorado Taft, paid for the pre-prom assembly speaker from AAIM (Alliance Against Intoxicated Motorists) and hosted a Town Hall Meeting on the Social Host Law. We are grateful to INC Board NFP for providing the grant which has allowed us to constructively address this increasing concern in our community.

Sincerely

Carol Werdin Alfrey

Carol Werdin Alfrey, Ph.D.

Executive Director

Kaneland Community Partners for Healthy Youth



PODA Poster Contest Winners

The mission of the Kaneland Community Partners for Healthy Youth is to create a coalition of like-minded individuals and organizations dedicated to reducing and preventing substance abuse for youth through innovative educational and relational approaches.

Board of Directors and Staff

Board of Directors

Allen Miller	President
Sarah Conley	Vice President
Cheryl Hackbarth	Secretary/Treasurer
Marjorie Anderson	Member
Robert Barnhart	Member
Kris Conley	Member
Tom Fink	Member
William King, Jr.	Member
Robin Urich	Member

Staff

Carol Werdin Alfrey, Ph.D.	Executive Director
Judy Hanson, LCSW	Bereavement Support Group Facilitator
Colleen Kindelin, B.S.	Intern
Wendy Peck, M.S., LCSW	On-Site Bereavement Coordinator
Lori Rueffer, LCSW	Bereavement Support Group Facilitator
Lora Windsor, LCSW	Bereavement Support Group Facilitator
Kim Wendling, B.S.	Financial Agent

2016 Angel Awards

The lifeblood of Conley Outreach is its volunteers. Most of our community based programs are possible because of our team of dedicated volunteers. From sorting, cleaning and arranging donated clothes to serving the Food Pantry monthly meals, it is our volunteers who make these services happen. The West Towns office relies on volunteers to fix computers, prepare mailings and staff the West Towns booth at area festivals. This year we recognize Bill Pierson as our Angel Award recipient, for the many years of promoting the Chili Cook Off fundraising event at Kuiper's Family Farm. Our Angel Award for Business recognizes The Elburn Fire Department for donating their Pancake Breakfast proceeds to CCES in support of our Good Grief Day Camp and other grief programs. Thank you so very much for your service!

Programs & Services

Grief Support

- *Friendship Night* - support group for adults grieving any type of death loss
- *Mourning After* - support group for younger widows/widowers or those who have lost a life partner
- *Grieving Parent Support* - group for any parent who has lost a child, no matter how long ago the loss occurred or the age of the child at the time of death
- *Good Time Out/ Grief Time Out (GTO)* - special monthly grief events for children, teens and families
- *Good Grief Day Camp* - weeklong camp for children ages 6-12 who have lost a parent or a sibling
- *On Site Crisis Assistance* – help for schools, businesses and other groups experiencing a traumatic loss



Community Services

- *Kaneland Coalition for Healthy Youth--* a local coalition of churches, non-profits and schools working to promote awareness of the dangers of alcohol and drug use.
- *The Community Care Team* – a network of adult natural helpers who receive specialized training in how to effectively listen, respond, and refer friends and neighbors for help and assist area residents through a variety of volunteer opportunities.
- *Emergency Assistance Programs* – limited, short-term financial assistance to local individuals through the Good Samaritan Fund, Holiday Spirit and Salvation Army Extension Services. Help also available through the Good Samaritan Clothing Closet and Monthly Meals program.

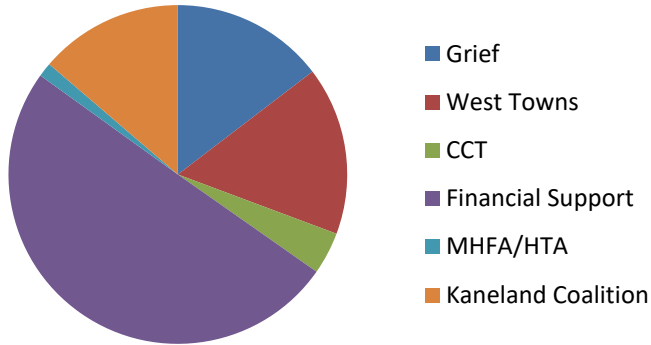


West Towns Human Services

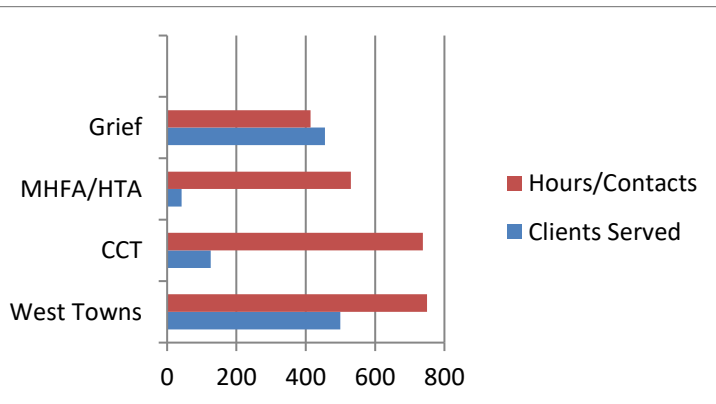
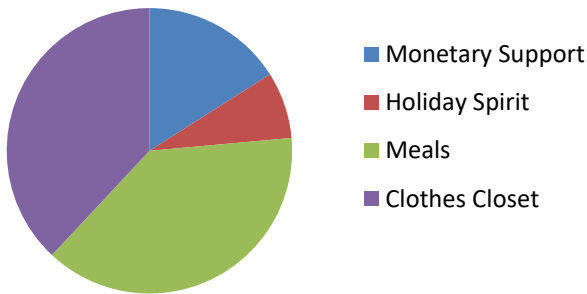
- *Referral and Advocacy* – free, confidential resource and referral service links area residents to over 80 health and human agencies in Kane, Kendall & DeKalb counties
- *Two Local Offices* – space available for area mental health providers to see clients close to home in Elburn and Sugar Grove
- *West Towns Community Resource Team* – group of 20 local agencies that meet monthly to discuss service needs in rural western Kane County.

Demographics

Clients by Program Type



Financial Support



In FY2016 Conley Outreach touched over 3,110 lives in our community.

500 families were linked to over 85 health & human service providers through the West Towns Network. Over 750 requests for help were answered.

Nearly 250 people received financial assistance from one or more of our benevolence funds; 118 children received toys through Holiday Spirit

600 hot meals were provided by partner churches; 594 people received clothes from the Good Samaritan Closet

126 volunteers provided over 738 hours of community service through the Community Care Team

38 community members received Mental Health First Aid training; 4 participated in Hope Takes Action. Over 530 hours of instruction were given.

Over 455 people received grief support through one of Conley Outreach's programs; 414 hours of direct support were provided.

427 students, parents and community members received information about the dangers of substance abuse through the Kaneland Coalition for Health Youth.

2016 Highlights

Additional Grief Group Facilitators



This year we added two grief group facilitators to our team. *Judy Hanson*, LCSW now runs the Grieving Parent Support Group. Judy comes to us with many years of experience helping families process their grief through her work at Fox Valley Volunteer Hospice and as a private therapist. *Lori Rueffer*, LCSW comes to us from the Aurora public schools, where she served as a social worker for many years. Lori

also has additional training in bereavement and loss and facilitates our Grieving with Hope (formerly known as Friendship Night) general grief group.



Camp Graduates Return as Teen Helpers

Three Good Grief Camp graduates returned to camp this year as teen helpers. While we have had teen helpers in the past, it was especially gratifying to have our own campers return to help their younger counterparts. Two of the alumni have been at camp since its inception as campers or now, as teen helpers.

Mental Health First Aid

Conley Outreach together with Safe Harbor Counseling and the INC Board sponsored 3 Mental Health First Aid Trainings in FY16. Mental Health First Aid is an 8-hour course that teaches lay people how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training teaches the skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. A total of 38 people received training.



Hope Takes Action



In 2015, Conley Outreach along with area churches and other non-profits initiated a pilot program, called *Hope takes Action*. Together we believe people can improve their lives and financial position with education and support from others. This past year Hope takes Action helped four low income move from dependency toward self-sufficiency through education, assessment and a mentoring experience.

Better Business Bureau Charity Recertification

The BBB Charity Division examines non-profit organization's programs, finances, governance, and fund raising practices. Each organization is then rated on the 20 standards and the results published on line. Conley Outreach was once again recognized as an organization that meets all 20 Charity Standards. Only 40% of all charitable organizations in Northern Illinois have received this distinction

Financial

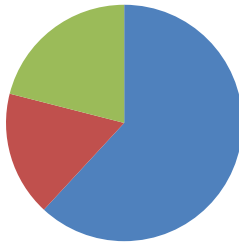
STATEMENT OF FINANCIAL POSITION JUNE 30, 2015 AND 2016

	2015	2016
ASSETS		
CURRENT ASSETS		
Cash	<u>\$47,564</u>	<u>\$ 53,423</u>
TOTAL CURRENT ASSETS	<u>47,564</u>	<u>53,423</u>
FIXED ASSETS		
Equipment	7,785	7,785
Less – Accumulated Depreciation	<u>5,930</u>	<u>6,360</u>
TOTAL FIXED ASSETS	<u>1,855</u>	<u>1,425</u>
TOTAL ASSETS	<u>\$ 49,419</u>	<u>\$ 54,848</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts Payable	\$ 686	\$ 1,100
Accrued Liabilities	<u>3,216</u>	<u>2,942</u>
TOTAL CURRENT LIABILITIES	<u>3,902</u>	<u>4,042</u>
TOTAL LIABILITITES	<u>3,902</u>	<u>4,042</u>
NET ASSETS		
Unrestricted	28,056	30,789
Temporarily Restricted	<u>17,461</u>	<u>20,017</u>
TOTAL NET ASSETS	<u>45,517</u>	<u>50,806</u>
TOTAL LIABILITIES AND NET ASSETS	<u>\$ 49,419</u>	<u>\$ 54,848</u>

(Conley Outreach's Financial Records audited by Knutte & Associates, P.C. in 2015 and 2016)

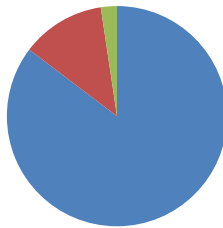
Financial

Total Income--\$128,918



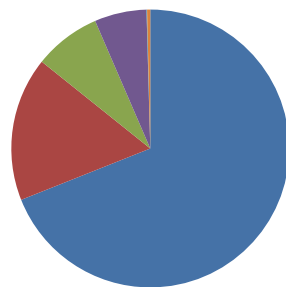
- Grants & Contracts--62%
- Contributions--17%
- In Kind Donations--21%
- Interest--<1%

Total Expenses--\$123,629



- Program--85%
- Administration--12%
- Fundraising--2%
- Unlabeled

Program Expenses--\$105,489



- West Towns-69%
- Good Samaritan--17%
- Good Grief--8%
- Holiday Spirit--6%
- Kaneland Coaliton <1%
- CCT--<1%

Funders and Donors

Granting Agencies

INC Board, NFP
United Way of Central
Kane County

Founders (\$1,000+)

Ben & CJ Conley
Elburn Fire Department
Margaret Matson Fine
Jewelry
Paula Mitchell
Rich's Auto Service
Sugar Grove Corn Boil

Benefactors (\$500-\$999)

Al & Marjorie Anderson
Edwards Engineering
Pamela Kautz
Jennifer & Roy Pfungsten

Donors (\$250-\$499)

Big Rock Township
Kit Compton
Paisano's Pizza & Grill

Contributors (\$100-\$249)

Diane Hall Akins
Jim Berringer
Dave & Rita Campbell
Elburn American Legion
Elburn Legion Auxiliary
Barbara Fetzner
Jim Henry, Inc.
Donna Hilt
Holiday in the Grove
Kiwanis-Campton Hills
Harry Krauspe, DDS
Sandra Lay
Judith LeBlanc

Ron Limbrick
Ron & Bridget Link
Allen & Karon Miller
Jerry & Polly Murphy
James & Dorothy Ogle
Nancy Olsen
Sabrina Orlando
Dave & Jeri Ott
Bonnie Phillips
RDR Enterprises
Tom & Janet Runty
Erin Shore
David & Lynette Werdin
Pat White Construction
Michael Yagen

Partners (up to \$100)

Michael Berens Family
Norm Berquist
Tim & Wendy Betustak
Emily Bingley
Jeffrey & Sandy & Carr
Kristen & Michael Crewse
Connie Deal
Dorothy Edwards
Colleen & Landon Faivre
Daryl & Sandra Fitts
Tom & Carol Flanders
Glen & Julie-Ann Fuchs
Mark & Karen Galloway
Girl Scouts of Northern IL
Lawrence Gonzales Family
Chuck & Melissa Gooch
Ken & Mary Gustafson
James & Jennifer Hager
Jeremy & Stacy Hicks
Sandra Hill
Daniel & Meredith Holt
Brody & Mary Jandris

Floyd & Susan Jones
Helen Jorgensen Trust
Elizabeth Kaminski
Kaneland John Shields
Kaneland John Stewart
Kaneville Classics 4-H
Kaneville Tree Farms
Ryan & Katherine Kerry
Steven & Sarah Kowalczyk
Matthew & Kelly Krump
Paul & Pamela Kunas
Blen & Perry Lakin
Charles Linneman
Aaron & Tania Luettinger
Deanna Marner
Aaron Maschman Family
Kelly & Matthew McLean
Mary Mercier
Karla Nash
Mary Niceley
Lisa Olsen
Parkhouse Family
Leon Phelps
Karen & Jake Putzler
Glenn & Janette Ray
Delores Salak
Ron Sanders
Lonna Schmidt
Jeffrey Schroeder Family
Stephen Simmons Family
Benjamin & Danya Smith
John Stoffa
Kay Swift
Denise Strickland
Ryan & Kristina Walter
Laura & Scott Wagner
Sandy & Emil Weiss
Catherine Whiteside

Donations In Memory Of

Ralph Conley
William Woll Creed
Kathryn Frelich

In-Kind Donations

Elburn Lions Club
Farm Friends, Inc.
Terry Grumeretz
Barb Hollmier
Tigger Kainz
Marcia Konen
William King Jr., Attorney
Kuipers' Family Farm
Ted McCannon
Bonnie Phillips
Paisano's Pizza & Grill
Pamela Schneider
Sue Schultz
Sugar Grove Fire Auxiliary
Sugar Grove Township
Robin Urich
Al Withey

Partner Churches

Elburn Congregational
Family Life Church
Grace United Methodist
Kaneville United
Methodist
Lord of Life
St. Gall
St. Katharine Drexel
Valley Brook Church
Village Bible Church



Marking the trail for the Bruce Conley Memorial Walk



Callie & friend at the Monthly Meals Program



Sorting clothes for the Good Samaritan Clothing Closet