



Annual Report

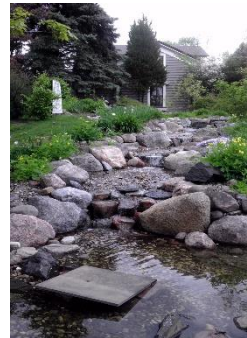
2019

Mission Statement

Conley Outreach Community Services is a 501 c (3) not-for-profit organization devoted to *“Caring for the Heart of Community”*. Our mission is to provide and coordinate community mental health and human service programs in rural Western Kane County by understanding community needs, creating systems of support, and collaborating with other community and faith-based partners.

We are humbly committed to:

- Caring for our communities and its residents
- Loving our neighbors unconditionally
- sharing life's burdens prayerfully and
- Trusting God's direction patiently.



We strive to work collaboratively with a diverse cross-section of community minded individuals and organizations to develop programs and services that meet the emerging needs of this rapidly growing area.

We seek to be:

- a catalyst for community development
- a hub for human services, and
- a place for nurturing the lives of individuals, families, and neighborhoods.

A Message from the Executive Director

Dear Friends of Conley Outreach,

Nine years ago, Conley Outreach created Good Grief Day Camp (GGDC) to minister to grieving children. Bruce had been diagnosed with cancer and I wanted to do something to show him that his dream for the farm would live on. I talked to people who had led weekend family grief camps, brainstormed with a handful of volunteers who had also experienced loss as child and together we designed *Good Grief Day Camp--Your Unique Journey*. GGDC is a one-week, non-residential camp designed specifically for children ages 6-12 who have lost a parent or sibling to death.

While specific activities and the camp location have changed, our themes (see side box) remain the same from year to year. Each day we employ the healing elements of music, theater, art, and nature to help children on their unique grief journey. More importantly, we believe, spending time with other children who have experienced a similar loss helps the campers understand that they are not alone in their grief.

At Good Grief Day Camp, our goal is to help children begin the healing process by meeting them wherever they are in their feelings, offering understanding, and helping them express their grief experience and feelings. Over the past 9 years, dozens of children have attended camp; most of those who graduate come back as teen helpers. Adult volunteers come from as far away as Denver Colorado each year to work with these children. Good Grief Day Camp is a place of healing and hope, of tears and laughter and a safe place for all who are hurting. We are privileged to be part of these children's lives.

Sincerely,

Carol Werdin Alfrey
Carol Werdin Alfrey, Ph.D.
Executive Director

Good Grief Day Camp Daily Themes & Centers

Monday: Change
Tuesday: Feelings
Wednesday: Memories
Thursday: Safe Places
Friday: Your Unique Grief Journey

Campers are divided into 2 groups based on age. The whole group meets at the beginning of the morning to go over the day's theme. They then split and rotate through 4 centers, with a snack break in the middle of the morning. The centers are:

- Art
- Drama
- Lesson
- Recreation/nature

The day's theme is emphasized at each center. The children meet back together at the end of the morning to talk about their experiences. Their projects, journals and pictures are all placed in the sacred space for their families to see during the Friday night program.



Board of Directors and Staff

Board of Directors

Allen Miller	President
Sarah Conley	Vice President
Kris Conley	Secretary/Treasurer
Marjorie Anderson	Member
Robert Barnhart	Member
Cheryl Hackbarth	Member
Tom Fink	Member
William King, Jr.	Member
Robin Urich	Member

Staff

Carol Werdin Alfrey, Ph.D.	Executive Director
Judy Hanson, LCSW	Bereavement Support Group Facilitator
Lori Rueffer, LCSW	Bereavement Support Group Facilitator
Jennifer Schlachter	Program Assistant
Lora Windsor, LCSW	Bereavement Support Group Facilitator
Kim Wendling, B.S.	Financial Agent

Good Samaritan Fund

For over 15 years, Conley Outreach Community Services has been helping residents who have fallen on hard times through its Good Samaritan Fund. The Good Samaritan Fund provides short term, emergency assistance for clients in the West Towns area, including Elburn, Kaneville, Sugar Grove, Maple Park and Big Rock. This fund has been used for rent/mortgage payments, food, prescription medicine, gasoline, utility bills, car repairs, car insurance, appliance repairs, and other life necessities. Gift cards to area grocery stores and gas stations are also purchased out of this fund for emergency situations.

For the most part those receiving assistance are the “working poor,” unable to make ends meet despite holding down one or two jobs. Some have experienced medical problems and do not qualify for workman’s compensation. Others are living on disability and need help with large utility bills. Most receive assistance through the Kaneland Area Food Pantry in Elburn. Others have one-time situations (illness, fire, loss of job) for which they need assistance.

Families must apply for assistance, and receive aid based on need and fund availability. Approximately 30 households receive assistance each year through the Good Samaritan Fund.

Programs & Services

Grief Support

- *Grieving with Hope* - support group for adults grieving any type of death loss
- *Mourning After* - support group for younger widows/widowers or those who have lost a life partner.
- *Grieving Parent Support* - group for any parent who has lost a child, no matter how long ago the loss occurred or the age of the child at the time of death.
- *Good Time Out/Grief Time Out (GTO)* - special grief events for children, teens, and families.
- *Good Grief Day Camp* - weeklong camp for children ages 6-12 who have lost a parent of a sibling.
- *On Site Crisis Assistance* – help for schools, businesses and other groups experiencing a traumatic loss.



Community Services

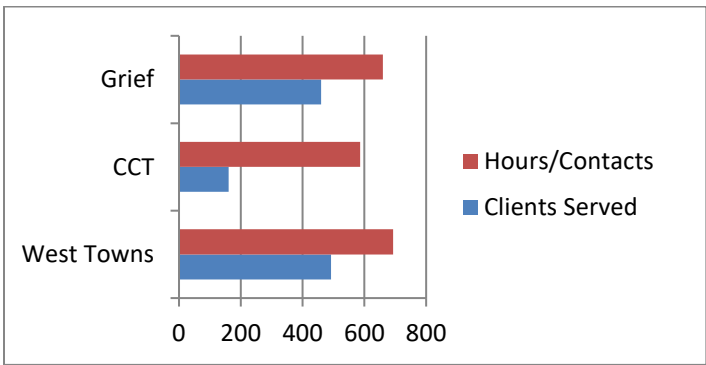
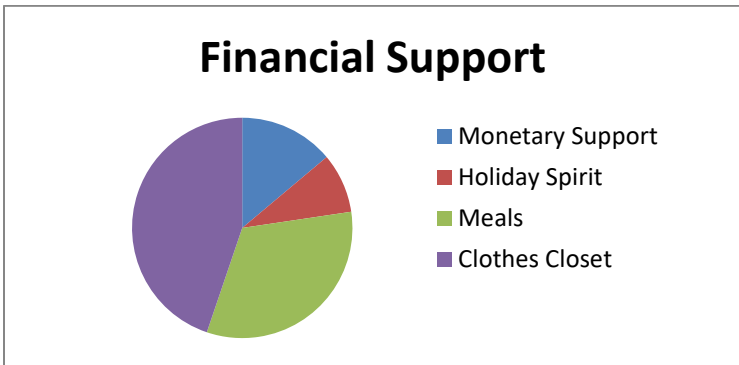
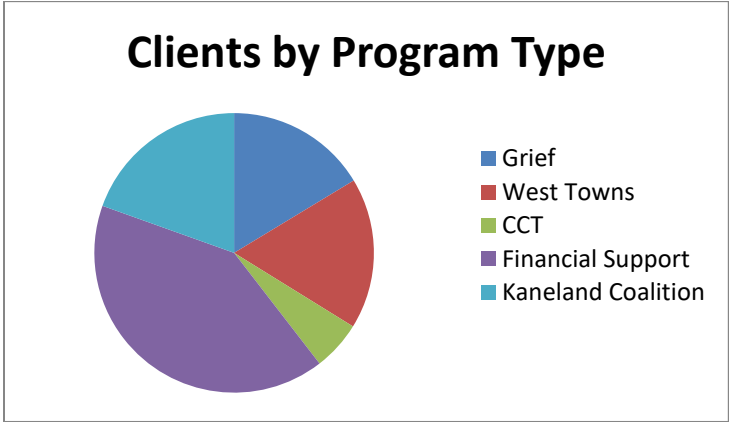
- *Kaneland Coalition for Healthy Youth--* a local coalition of churches, non-profits and schools working to promote awareness of the dangers of alcohol and drug use and encourage mental health.
- *The Community Care Team* – a network of adult natural helpers who receive specialized training in how to effectively listen, respond, and refer friends and neighbors for help and assist area residents through a variety of volunteer opportunities.
- *Emergency Assistance Programs* – limited, short-term financial assistance to local individuals through the Good Samaritan Fund, Holiday Spirit and Salvation Army Extension Services. Help also available through the Good Samaritan Clothing Closet and Monthly Meals program.



West Towns Human Services

- *Referral and Advocacy* – free, confidential resource and referral service links area residents to over 80 health and human agencies in Kane, Kendall & DeKalb counties
- *Two Local Offices* – space available for area mental health providers to see clients close to home in Elburn and Sugar Grove
- *West Towns Community Resource Team* – group of 20 local agencies that meet monthly to discuss service needs in rural western Kane County.

Demographics



In FY2019 Conley Outreach touched over 2,815 lives in our community.

492 families were linked to over 85 health & human service providers through the West Towns Network. Over 693 requests for help were answered.

160 people received financial assistance from one or more of our benevolence funds; 101 children received toys through Holiday Spirit.

375 hot meals were provided by partner churches; 516 people received clothes from the Good Samaritan Closet.

161 volunteers provided over 586 hours of community service through the Community Care Team

Over 460 people received grief support through one of Conley Outreach's programs; over 660 hours of direct support were provided.

550 students, parents and community members received information about the dangers of substance abuse through the Kaneland Coalition for Healthy Youth.

2019 Highlights

Conley Outreach featured in INC Video

Over the past 2 years the INC Board has been interviewing the Executive Directors of their funded agencies in a series called “INC Board Today.” The interviews take place in Waubensee Community College’s studio and are hosted by WCC faculty member Mike Moran. Carol Alfrey was recently interviewed as part of that series. The full interview can be found on the INC website, YouTube or as part of Conley Outreach’s Facebook page.



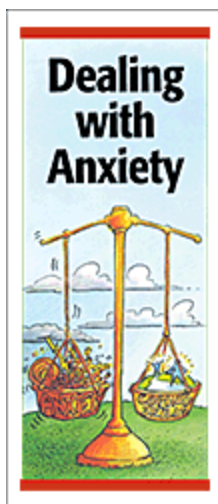
An INC Board Funded Agency

The Year of the Blizzard

Each year CASI (Chili Appreciation Society International) hosts a chili cook-off at Kuipers’ Family Farm to benefit our Good Grief Day Camp. Always scheduled on the 3rd Saturday of October, the cook-off is a great fundraiser with pre-cook-off soup sales, a 50-50 raffle and of course, the tasting event. The rules dictate that all competition chili must be made from scratch on the grounds prior to judging. This year our cooks were met with blizzard conditions, including horizontal wind gusts of 50 miles an hour. While we lost a couple of tents, the cooks persevered long enough to turn in their chili at 2pm for judging. The public tasting was canceled; the crowds had gone home, but somehow, we managed to raise \$600 for camp through pre-tasting soup sales, registration fees and the 50-50 raffle. Many thanks to the men and women who braved the cold that day!



Kaneland Coalition Continues to Engage Youth



Conley Outreach has been working at Kaneland High School over the past several years to encourage our teens to live healthy, substance-free lives. We have expanded our efforts to include mental health this year by purchasing brochures about anxiety, depression, grief, self-harm, suicide, gender identity, stress, and mindfulness. We hosted a pre-prom table with literature on impaired driving, wrist-bands and a pledge poster for students to sign that indicated their commitment to not drink and drive on prom night. Over 60 students signed the pledge. Later in May we hosted a table for National Prevention Week, with sample stress-release boxes, coloring sheets and colored pencils, bubbles, and a comfort dog. Over 200 students participated in our stress reduction activities.

Financial

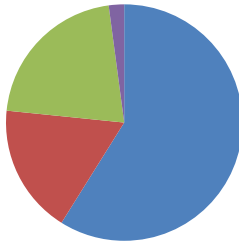
STATEMENT OF FINANCIAL POSITION JUNE 30, 2018 AND 2019

	2018	2019
ASSETS		
CURRENT ASSETS		
Cash	<u>\$53,051</u>	<u>\$ 54,322</u>
TOTAL CURRENT ASSETS	<u>53,051</u>	<u>54,322</u>
FIXED ASSETS		
Equipment	7,785	7,785
Less – Accumulated Depreciation	<u>7,219</u>	<u>7,649</u>
TOTAL FIXED ASSETS	<u>566</u>	<u>136</u>
TOTAL ASSETS	<u>\$ 53,617</u>	<u>\$ 54,458</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts Payable	\$ 660	\$ 0
Accrued Liabilities	<u>2,967</u>	<u>2,532</u>
TOTAL CURRENT LIABILITIES	<u>3,627</u>	<u>2,532</u>
TOTAL LIABILITITES	<u>3,627</u>	<u>2,532</u>
NET ASSETS		
Unrestricted	26,713	31,226
Temporarily Restricted	<u>23,277</u>	<u>20,700</u>
TOTAL NET ASSETS	<u>49,990</u>	<u>51,926</u>
TOTAL LIABILITIES AND NET ASSETS	<u>\$ 53,617</u>	<u>\$ 54,458</u>

(Conley Outreach's Financial Records audited by Knutte & Associates, P.C. in 2018 and 2019)

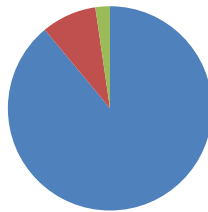
Financial

Total Income--\$128,276



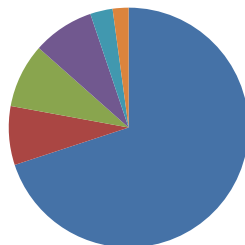
- Grants & Contracts--59%
- Contributions--18%
- In Kind Donations--21%
- WTCRT Dues--2%
- Interest--<1%

Total Expenses--\$126,340



- Program--89%
- Administration--9%
- Fundraising--2%

Program Expenses--\$112,422



- West Towns-70%
- Good Samaritan--8%
- Good Grief--9%
- Holiday Spirit--8%
- Kaneland Coaliton --3%
- CCT--2%

Funders and Donors

Granting Agencies

INC Board, NFP
Fox Valley United Way

Founders (\$1,000+)

Elburn Lion's Club
Midwest Groundcovers
Pamela Kautz
Michael & Christina Turner
Sugar Grove Firefighters
Auxiliary

Benefactors (\$500-\$999)

Al & Marjorie Anderson
Ben & CJ Conley
Edwards Engineering
Keith Engle
Rich's Auto Service
Judith & William Skeens

Donors (\$250-\$499)

Feece Oil Company
Kit Compton
John Shield Elementary
Keyser Industries
Kozol Brothers, Inc.
Paisano's
Jennifer & Roy Pflingsten
St. Katharine Drexel

Contributors (\$100-\$249)

AFM Electrical
Alcaraz Family
Alice's Place
James Bennetts
Jim Berringer
Mary Kay Biertz
Mark & Cathy Buck
Kelly Burmeister
Jacalyn Collin
Dr. Tom Dentistry

Elburn Chiropractic
Elburn Fire Department
Elburn Legion Auxiliary
Elburn Radiator & Repair
Alice Elens
Jean & Peter Fabrizius
Barbara Fetzner
Michael Greenen
Darlene Hanks
Hardekopf Family
Bob Jass Chevrolet
Marcia Konen
Judith LeBlanc
Ron Limbrick
Tonja Luther
Nancy Mason
Julie McCormick
Allen & Karon Miller
Carol Molitor
Jerry & Polly Murphy
Karla Nash
James & Dorothy Ogle
Dave & Jeri Ott
Leon Phelps
RDR Enterprises
River Front Chrysler Jeep
Suzanne Rous
Tom & Janet Runty
Margie Self
Erin Shore
Sugar Grove Township
Kay Swift
Marilyn Swift
Turkey Gobbler Camp
Pat White Construction
Michael Yagen
Trudy Zeliasz

Partners (up to \$100)

Acevedo Family
Amazing Grace Antiques

Arndt Family
Sarah Aughenbaugh
Cindy Bancroft
Bella Tressa Hair Studio
Diane Berquist
Bickel Family
David Caldwell
Dave & Rita Campbell
Victoria Czernik
Danielak Family
Davis Family
Charles Douglas
Ehrenstrom Family
Marilyn Fidler
Formas Family
Fredrickson Family
Glen & Julie-Ann Fuchs
Ken & Mary Gustafson
Alan & Ethel Guthke
Sandy Hagen
Hinkleman Family
Jenkins Family
Jushka Family
Karas Family
Karavasis Family
Kincaid Family
Tim Klomhaus
Kreitz Family
Kunas Family
Blen & Perry Lakin
Terry & Linda Lanthrum
Liakas Family
Lima Family
Marek Family
Molly Mevis
Mary Niceley
Susan Parkhouse
Puchek Family
Ream's Elburn Market
Reckinger Family
Rotter Family

Ken & Sue Schultz
Connie Shull
John & Theresa Stoffa
Denise Strickland
Rose Turrubiarres
Wadford Family
Sandy & Emil Weiss
David & Lynette Werdin
Werth Family
Catherine Whiteside

Donations in Memory Of:

Ralph E. Conley
William Woll Creed
Gerry Turrubiarres
Nate Turner

In-Kind Donations

CASI, Chillini Pod
Diane Hance
Elburn Fire Department
Elburn Police Department
Farm Friends, Inc.
Kuipers' Family Farm
Ted McCannon
Paisano's Pizza & Grill
Sue Schultz
Sugar Grove Township
Robin Urich
Neil Wallner

Partner Churches

Elburn Congregational
Family Life Church
Grace United Methodist
Kaneville United
Methodist
Lord of Life Church
St. Gall Catholic Church
St. Katharine Drexel
Sugar Grove United
Methodist
Valley Brook Church
Village Bible Church

